





Mentoring programme for young researchers of the integrated Research Training Group of the CRC Roseobacter and PhD programme "Environmental Sciences and Biodiversity", OL

17. Oct. 2016







Göttingen Genomics Laboratory







Target group:

 Female and male doctorate students from the integrated Research Training Group of the CRC Roseobacter and PhD programme

"environmental sciences and biodiversity".







What is a mentoring?

- An older and experienced mentor shares knowledge with you and supports you in finding your personal career
- The mentor is like a wise person, who you can ask all about the profession and career you like to reach

Concept

- Young researchers actively address their career options
- Methods for career development
- Networking strategies









Kick-off –Workshop: What are my job-related dreams and which mentor could help me reaching this aim? Methods and strategies of finding the personal career direction and then finding the perfect mentor 01 + 02 December 2016

New! Coaching hour between Dec.16 and February 2017

1st Meeting: Mentoring relationship 03. February 2016

Fire side chat "Science management" (April 2017, 2h)

Workshop: Leadership skills and management competences for young researchers in science and enterprises

Half year Meeting 30. May 2017, 9.00 -12:00

Career Path in Marine Science at ICBM: June 2017

Fire side chat "working in industry" (July 2017, 2h)

Workshop: Conflict resolution / Communication / self presentation

Final Workshop: Networking strategies and creative ways for career strategies – Closing symposium with Mentors (15. November 2017 9:00-17:00)









Mentoring – time and effort

- Mentor-Mentee relationship:
 - finding a mentor
 - monthly meetings with the mentor (~ 2 hours)
 - two group Workshops (1,5 days)
 - two half-day Meetings
- If wanted: further thematical workshops
- 2 optional evening talks (2 hours)
- Individual coaching (1 hour)



... and even 6 Credit points





Application

- Motivation letter and CV
- Sent the application to the coordinator of the PhD programme
- Deadline: 10th of November 2016

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Programme instructor

Nadja Plothe, Bremen, Trainer and coach http://www.nadja-plothe.de/



