

Fakultät V Mathematik und

Fakultät VI Medizin und Naturwissenschaften Gesundheitswissenschaften

## Discovering true self through game interaction. Getting serious through fun

Stanislava Potupchick, organizational and group coach

Monday, 06 May 2024, 9 am – 5 pm

Workshop (Language: English)

Guesthouse W14, Drögen Hasen Weg 64, 26129 Oldenburg

Registration via PE.OE (Students via fk5.gleichstellung@uol.de)

## ABSTRACT

The aim of this workshop is to explore own personalities, personal boundaries and team agreements in a safe environment through role games. Self-awareness in various situations as well as realizing and probably widening personal boundaries are some of the expected outcomes from that day. The workshop allows participants to practice uncommon patterns which are usually rejected by females (and males) due to social boundaries and expectations. A detailed programme can be found on our website.

Besides the program itself there will be some talking from the trainer side about psychological contract and ground rules, as much as quite some personal feedback to participants.

This workshop is part of the lecture and workshop series:

Gender & Diversity in STEM and Medicine

hosted by equal opportunities offices of Faculty V and VI

(more information here)

